Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Better at Home Multi-Disciplinary Teams (MDT). What you need to know and how they can help you

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Patient Information

Adult Community Services

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Introduction

An MDT is a gathering of health and social care professionals who work together to make sure the best care is provided by the right people to help keep you healthy and well. Following an admission into hospital a health professional may discuss the option of an MDT referral to the Better at Home team with you if they feel you need some extra support.

An MDT can be made up of Community Nurses, Therapists, Social Workers, social care officers and other specialist services such as Reablement. The trust will provide you with a Reablement leaflet once it has been established you require this service. You may also be invited to attend an MDT yourself.

The Better at Home Team is a type of MDT comprising of health and social care professionals. Providing you give your consent to a referral to the Better at Home team, information will be shared as a result of that referral so the team are aware of your pre-existing medical history and current support needs to see if there is anything else they can do differently. Professionals will work together to make sure you receive the right care which is tailored specifically for you.

You may be assigned a worker such as a social worker or social care/reablement officer as your dedicated contact who will work with you after discharge to ensure that you have the right level of support once you leave hospital.

For further privacy information each organisation will have privacy notices on their website.

If someone from health or social care thinks you could benefit from the support of an MDT, you will be approached to discuss your consent.

Question:

Once I have given consent, what will happen to my Information?

Answers:

- Only information that is relevant to arranging the right care for you will be collected.
- Only people directly involved in your care will be allowed to look at this information.
- Information will also be limited to what is necessary for the MDT discussion.
- Your information will always be kept secure and confidential.
- You have the absolute right to withdraw your consent to a referral to an MDT at any time if you so wish.

For more information please speak to the person who is seeking your consent to make a referral.



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