Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Orthopaedic Admissions Unit (OAU) Discharge Advice Following an Injection

Version number: **5**
Last modified date: **12th November 2026**

Orthopaedic Admissions Unit and D Ward: Discharge Advice Following an Injection

Patient Information

Wrightington Hospital

- Author ID: IJ
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- Version: 5
- Leaflet title: Orthopaedic Admissions Unit and D Ward: Discharge Advice Following an Injection
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Introduction

Thank you for attending the Orthopaedic Admissions Unit (OAU) / D Ward. We hope you have found everything to your satisfaction. If you do have any concerns, please raise them with a member of staff so we can deal with them promptly.

The following booklet will provide you with the relevant information required for your ongoing care needs when you have gone home.

If you have any queries or concerns following your discharge, please do not hesitate to contact us at any time. The contact details are provided below.

Outpatients

Your clinic appointment is on: ……

At:

- ☐ Royal Albert Edward Infirmary
- ☐ Wrightington Hospital
- ☐ Leigh Hospital

(Staff to tick as appropriate)

If your appointment is not given on discharge, you should receive it within one week. If for any reason you do not receive an appointment through the post, or if you have any problem with your outpatient appointment, please contact: **0121 299 9787**

Advice following injection:

1 You may have a small plaster covering the injection site. This can be removed after 24 hours, but do not worry if it falls off sooner.

2 Please keep an eye on the injection site for any untoward effects such as increased redness, swelling, significant increased pain, prolonged numbness and / or loss of sensation.

3 The area may become a little bruised after the injection and you may experience a short term increase in the level of your pain. This is normal and will usually resolve within 24-48 hours. You may find taking painkillers beneficial. A small percentage of patients may experience an increased level of pain for much longer.

4 Depending on the type of injection you receive, you may be advised by your doctor to either rest the area for 24 to 48 hours or to mobilise the joint.

Should you be concerned about any of the above, please do not hesitate to contact the Ward.

Contact Details

Orthopaedic Admissions Unit (OAU)

Monday to Friday 7:30am until 7:30pm

(Outside of these hours the telephones will be re-directed to Ward B, who will answer any queries)

Telephone: 01257 256313

D Ward

Monday to Friday 7:30am - 7:30pm

(Outside of these hours the telephones will be re-directed to Ward B, who will answer any queries)

Telephone: 01257 256269.

Outpatients Department

Monday to Friday 9am until 5pm

Telephone: 01257 256299



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