Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Discharge Advice Following an Injection to the upper limb

Version number: **5**
Last modified date: **12th November 2026**

Discharge Advice Following an Injection to the Upper Limb

Patient Information

Ward 1 Wrightington Hospital, Therapy Services

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Introduction

Thank you for attending Ward One. We hope you have found everything to your satisfaction. If you do have any concerns, please raise them with a member of staff so we can deal with them promptly.

The following leaflet will provide you with the relevant information required for your ongoing care needs when you have gone home.

Please do not hesitate to contact us at any time by telephoning:

Ward One Monday to Friday 07:30am to 5:30 pm 01257 2562

Male Bay 01257 256550

Female Bay 01257 256551

Outside of these hours, Ward One's telephone will be re-directed to the John Charnley Wing, who will answer any queries.

Out-patients Department Monday to Friday 9am to 5pm 01257 256299.

Outpatients

Your clinic appointment is on: ……..

At:

Royal Albert Edward Infirmary

- ☐

Wrightington

- ☐

Leigh

- ☐

(Staff to tick as appropriate)

If your appointment is not given on discharge, you should receive it within 1 week. If for any reason you do not receive an appointment through the post, or if you have any problem with your Out-Patient appointment, please telephone: 01257 256222 or

01257 256241

Advice following injection:

- You may have a small plaster covering the injection site. This can be removed after 24 hours, but do not worry if it falls off sooner.

- Please keep an eye on the injection site for any untoward effects such as increased redness, swelling, significant increased pain, prolonged numbness and/or loss of sensation.

- The area may become a little bruised after the injection and you may experience a short term increase in the level of your pain. This is normal and will usually resolve within 24-48 hours. You may find taking painkillers beneficial. A small percentage of patients may experience an increased level of pain for much longer.

- Depending on the type of injection you receive, you may be advised either to rest the area for 24-48 hours or to mobilise the joint, as advised by your doctor.

Should you be concerned about any of the above, please do not hesitate to contact the Ward.



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