Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Nutrition and Dietetics (Macmillan & WL Hospice)

Version number: **3**
Last modified date: **12th November 2026**

Nutrition and Dietetics

Patient Information

Macmillan Allied Health Professionals Team

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Who we are

Dietitians are members of a group of health workers called allied health professionals.

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice include s a Dietitian.

Our role

To assess, treat and advise on any dietary and nutritional problems you have.

Our aims

- To listen and offer support and advice.
- To enable you to identify realistic goals to maintain or maximise your nutritional health an d quality of life.
- To prevent any potential problems with your nutritional health.
- To equip you with skills and knowledge to enable you to self-manage your symptoms.
- To reassess and re-evaluate your changing needs.

What we do

With your agreement we will ask questions about a range of topics which may include:

- Medical history and diagnosis
- Current medication and treatments
- Usual and current weight
- Food and fluids intake
- Family and support.

We may need to weigh you and measure your height. We may also look at your hands, an kles and face for any signs of nutritional deficiencies.

We will explain fully and clearly the advantages and disadvantages of the options available to you.

All our contact with you will be with your consent.

Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Advice and support
- Management of symptoms such as poor bowel function, weight loss, altered body image, nausea and vomiting, taste changes and dry mouth.
- Information on managing your nutritional health and to help improve your quality of life.

With your consent we will involve your carers and family with the treatment plan if ne eded.

How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please conta ct:

Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Telephone number: 01942 525566

Monday to Friday 8am until 4pm.

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan support line: 0808 808 00 00

Monday to Friday 9am until 8pm

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Tel: 01942 525566

www.wlh.org.uk

British Dietetic Association (BDA)

www.bda.uk.com

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.





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