



**Wrightington, Wigan and  
Leigh Teaching Hospitals**  
NHS Foundation Trust

# **Occupational Therapy (Macmillan & WL Hospice)**

# Occupational Therapy

## Patient Information

## MacMillan Allied Health Professionals Team

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## Who we are

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes Macmillan Occupational Therapists.

Occupational Therapists are members of a group of health workers called Allied Health Professionals.

## Our role

Occupational Therapists will support you to overcome any barriers that are preventing you from doing activities that are important in your daily life.

## Our aims

- To enable you to identify realistic goals to maintain or maximise your independence, dignity, and quality of life.
- To equip you with skills, techniques, and equipment to enable you to manage some of your symptoms.
- To continuously reassess and re-evaluate your changing needs.

## What we do

We will ask you questions about your needs; these include:

- Physical
- Psychological
- Spiritual
- Social needs.

We may undertake an assessment of your home environment.

We will consider the impact of your current illness and treatment and ask about any past health issues.

We will discuss your day-to-day routines such as self-care, domestic activities, work, and leisure.

All our contact with you will be with your consent.

## Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Management of symptoms like anxiety, breathlessness, fatigue and /or pain
- Assessment of your living environment and recommendations following this assessment
- Offer advice and information on managing your day-to-day routines
- We will involve your carers/family with the treatment plan as appropriate.

## How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please contact:

### **Macmillan Allied Health Professionals Team**

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Telephone number: 01942 525566

Monday to Friday 8am until 4pm.

## Useful contacts

### **Macmillan Cancer Support**

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Macmillan support line: 0808 808 00 00

Monday to Friday 9am until 8pm

### **Wigan and Leigh Hospice**

Kildare Street

Hindley

WN2 3HZ

**Tel: 01942 525566**

[www.wlh.org.uk](http://www.wlh.org.uk)

“Helping you to live life YOUR way”

## Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.



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