Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Occupational Therapy (Macmillan & WL Hospice)

Version number: **4**
Last modified date: **12th November 2026**

Occupational Therapy

Patient Information

MacMillan Allied Health Professionals Team

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Who we are

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes Macmillan Occupational Therapists.

Occupational Therapists are members of a group of health workers called Allied Health Professionals.

Our role

Occupational Therapists will support you to overcome any barriers that are preventing you from doing activities that are important in your daily life.

Our aims

- To enable you to identify realistic goals to maintain or maximise your independence, dign ity, and quality of life.
- To equip you with skills, techniques, and equipment to enable you to manage some of y our symptoms.
- To continuously reassess and re-evaluate your changing needs.

What we do

We will ask you questions about your needs; these include:

- Physical
- Psychological
- Spiritual
- Social needs.

We may undertake an assessment of your home environment.

We will consider the impact of your current illness and treatment and ask about any past health issues.

We will discuss your day-to-day routines such as self-care, domestic activities, work, and leis ure.

All our contact with you will be with your consent.

Our treatments

Together we will agree an individual treatment plan to address your needs.

This may include:

- Management of symptoms like anxiety, breathlessness, fatigue and /or pain
- Assessment of your living environment and recommendations following this assessment
- Offer advice and information on managing your day-to-day routines
- We will involve your carers/family with the treatment plan as appropriate.

How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please conta ct:

Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Telephone number: 01942 525566

Monday to Friday 8am until 4pm.

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan support line: 0808 808 00 00

Monday to Friday 9am until 8pm

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Tel: 01942 525566

www.wlh.org.uk

“Helping you to live life YOUR way”

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.



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