



**Wrightington, Wigan and  
Leigh Teaching Hospitals**  
NHS Foundation Trust

# **Physiotherapy - Macmillan Allied Health Professionals Team**

# Physiotherapy

## Patient Information

## Macmillan Allied Health Professionals Team

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## Who we are

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice.

Physiotherapists are members of a group of health workers called allied health professionals.

## Our role

Physiotherapists will support you with your movement and function to help you participate in activities that are important to you in your daily life.

## Our aims

- To maximise your independence and abilities.
- To improve your quality of life.
- To support you and enable you to remain in your preferred place of care.

To set achievable and realistic goals with you

## What we do

We will ask you questions about your needs and discuss any problems which are important to you.

This will include asking you questions about your:

- Medical history
- Diagnosis
- Medications
- Social support.

We may then ask to see you walking or moving to physically assess your problem.

A relative or carer may be present if you wish.

## Our treatments

- Assessment and prescription of equipment to help with mobility and function.
- Identify ways to help you move around safely, such as from bed to chair or up and downstairs.

- Prescription of exercises to improve your mobility and function.
- Assessment and treatment of joint and muscle pains.
- The use of specialist pain management techniques such as acupuncture and electrotherapy.
- Teach breathing techniques to help ease breathlessness.

Your progress will be monitored and altered as your needs change.

### [How to contact us](#)

If you have any questions or queries, which we have not covered in this leaflet, please contact:

#### **Macmillan Allied Health Professionals Team**

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Telephone number: 01942 525566

Monday to Friday 8am until 4pm.

## Useful contacts

### **Macmillan Cancer Support**

[www.macmillan.org.uk](http://www.macmillan.org.uk)

Macmillan support line: 0808 808 00 00

Monday – Friday 9am to 8pm

### **Wigan and Leigh Hospice**

Kildare Street

Hindley

WN2 3HZ

**Tel: 01942 525566**

[www.wlh.org.uk](http://www.wlh.org.uk)

“Helping you to live life YOUR way”

### Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.



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