



**Wrightington, Wigan and
Leigh Teaching Hospitals**
NHS Foundation Trust

Physiotherapy - Macmillan Allied Health Professionals Team

Physiotherapy

Patient Information

Macmillan Allied Health Professionals Team

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Who we are

The Macmillan Allied Health Professionals Team is based at Wigan and Leigh Hospice.

Physiotherapists are members of a group of health workers called allied health professionals.

Our role

Physiotherapists will support you with your movement and function to help you participate in activities that are important to you in your daily life.

Our aims

- To maximise your independence and abilities.
- To improve your quality of life.
- To support you and enable you to remain in your preferred place of care.

To set achievable and realistic goals with you

What we do

We will ask you questions about your needs and discuss any problems which are important to you.

This will include asking you questions about your:

- Medical history
- Diagnosis
- Medications
- Social support.

We may then ask to see you walking or moving to physically assess your problem.

A relative or carer may be present if you wish.

Our treatments

- Assessment and prescription of equipment to help with mobility and function.
- Identify ways to help you move around safely, such as from bed to chair or up and downstairs.

- Prescription of exercises to improve your mobility and function.
- Assessment and treatment of joint and muscle pains.
- The use of specialist pain management techniques such as acupuncture and electrotherapy.
- Teach breathing techniques to help ease breathlessness.

Your progress will be monitored and altered as your needs change.

[How to contact us](#)

If you have any questions or queries, which we have not covered in this leaflet, please contact:

Macmillan Allied Health Professionals Team

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Telephone number: 01942 525566

Monday to Friday 8am until 4pm.

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan support line: 0808 808 00 00

Monday – Friday 9am to 8pm

Wigan and Leigh Hospice

Kildare Street

Hindley

WN2 3HZ

Tel: 01942 525566

www.wlh.org.uk

“Helping you to live life YOUR way”

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.



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