Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Attending Anticoagulant Clinics

Version number: **8**
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Attending Anticoagulant Clinics

Patient Information

Haematology

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Location and Times of Clinics

Hospital Clinics

- **Thomas Linacre Centre (suite 4)**
  Parson's Walk, Wigan WN1 1RU
  Monday & Wednesday: 9am to 11:15am, 1:30pm to 4:15pm
- **Leigh Infirmary (area 3)**
  The Avenue, Leigh WN7 1HS
  Thursday: 8.30am to 11:45am

Community Clinics

- **Ashton Health Centre**
  Council Avenue, Ashton in Makerfield, Wigan WN4 9AZ
  Tuesday: 9:30am to 11:45am
- **Leigh Health Centre**
  The Avenue, Leigh WN7 1HR
  Wednesday: 9:30am to 11:30am
- **Atherton - Ormerod House**
  Nelson St, Atherton, Manchester M46 0LE
  Thursday: 2pm to 3:30pm

Information about the clinics

It is very important that you keep your appointments to ensure good control of your blood levels. If you have any problems, please contact the Anticoagulant Specialist Nurses.

These clinics are very busy, and attempts are always being made to reduce waiting times and improve the service.

Always keep to your appointment times.

Always bring your yellow anticoagulant therapy record book to the clinic.

After the blood test

Please see the nurse if:

- You have been in hospital since your last visit.
- Any other Doctor has changed your anticoagulant medication.
- You have been prescribed any new medication or changed doses of your current medication.
- This is your first or second visit.
- You are going on holiday and need your book back.
- If you are awaiting surgery, medical treatment, dental extraction or cardioversion.
- If you are bleeding or bruising.
- If you need any advice.

If you do not need to see the nurse, you are free to leave the clinic.

You do not need to make a further appointment as your book will be returned to you by first class post with your next appointment date and time.

Please continue to take the same dose of Warfarin/Sinthrome that you are currently prescribed and follow the instructions in your book when you receive it back in the post.

New patients will receive counselling and advice regarding Anticoagulant therapy. You will be given a prescription for Warfarin tablets, usually 56, 1mg brown tablets and 56, 3mg blue tablets.

Repeat prescriptions must be obtained from your own GP.

For patients undergoing cardioversion

Appointments are quite frequent because very close monitoring of your blood is required prior to your cardioversion being booked.

For patients taking Warfarin long term

The usual treatment plan is for appointments to be at 1 week, then 2 weeks, then 4 weeks, etc. Up to a maximum of 3 months.

Some GP practices are starting their own clinics. If your GP offers this service and you wish to transfer to their clinic, please inform the anticoagulant staff.

Contact telephone numbers

For change of appointments: 01942 264910

Anticoagulant advice line for non-urgent queries: 01942 822964

If you have any problems or queries, please contact:

The Anticoagulant Team: 01942 822964



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