



**Wrightington, Wigan and  
Leigh Teaching Hospitals**  
NHS Foundation Trust

# **Ext 039 Greater Manchester Neuro-Rehabilitation Services**

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## **Greater Manchester Neuro-Rehabilitation Operational Delivery Network**

Developed by the Greater Manchester Neuro-Rehabilitation Operational Delivery Network (hosted by Salford Royal NHS Foundation Trust), in collaboration with patients, carers, and clinicians.

**Greater Manchester Neuro-Rehabilitation Services information for patients and carers**

[www.gmnrodn.org.uk](http://www.gmnrodn.org.uk) | [@GMNeuroRehabODN](https://twitter.com/GMNeuroRehabODN)

# What is specialist neurological rehabilitation?

What can the patient expect?

- A process of assessment, treatment, and management.
- The Greater Manchester Neuro-Rehabilitation Services support patients with neurological conditions throughout their rehabilitation journey.
- Aim to help the patient achieve their maximum potential following a diagnosis of a neurological condition.
- Provided by specialists in neurorehabilitation to ensure that all aspects of a patient's care are considered.
- Provide treatment sessions to suit the patient's individual needs, but at the same time, meet their physical and cognitive (thinking) capabilities.
- Rehabilitation works best if the patient fully participates in the program.
- Rehabilitation is different for everyone - it depends on a patient's condition and their recovery. A patient may recover fully or may require assistance with activities in the future.
- Rehabilitation can be provided in hospital or in the community.

- Patients will be referred to the neuro-rehabilitation service that most suits their clinical needs.
- Patients may require input from one or more neuro-rehabilitation services.

## Speech & Language Therapy

- Assess, advise, and carry out personalized therapy for any communication difficulties the patient may experience.
- Support and advise on a variety of care packages depending on the patient's needs.
- Assess swallowing and eating problems and provide recommendations, strategies, and therapy to maintain safe eating/drinking.

## Therapy & Nursing Assistants

- Continue treatments established by the team and often work with therapists and the nursing team to provide daily care.

## Dietitian

- Support with any concerns raised about the patient's weight or dietary intake.
- Provide information on nutrition and help patients make informed choices about food and lifestyle.
- Complete assessments to ensure a safe discharge from hospital and make sure patients in the community have access to wider social systems.

## Family

- Attend various meetings where appropriate, and be involved in discharge plans.
- Support from the patient's family/carers plays an important role in providing encouragement and helping the patient to stay positive.

## Patient Feedback

We aim to provide the best service and value patient feedback. The clinical team will ask the patient to complete a satisfaction questionnaire so please let us know how we can improve services or when we have done a good job.

Email: [gmnrodn@srft.nhs.uk](mailto:gmnrodn@srft.nhs.uk) | Phone: 0161 206 2109

*Image Designed by kjpargeter / Freepik*

## Neuropsychology

- Help patients and their families recognize, understand, and cope with changes in a person's cognitive functioning.
- Support patients and their families with common emotional and behavioral consequences associated with a neurological illness or injury.
- Assess and support decision-making abilities.

## Overview: Neuro-rehabilitation Model

- Assist with continuity of rehabilitation on the unit and ongoing patient goals.
- In the community, the nursing team will provide assessment, advice, and support on neurological conditions and will liaise with other staff as required.
- Assessment and relearning of daily living skills.
- Carry out home visits to assess the environment if required.
- Organize equipment to the patient's home if required.

## Physiotherapy

- Assess and identify any physical impairments.

## Nursing Team

- In hospital, the nursing team assist and advise on most matters twenty-four hours a day.

## Hyper-Acute / Acute Unit

- Rehabilitation Goals achieved.
- Discharge or transfer to other service.

## Post-Acute Unit

- Occupational therapy: Assess and provide cognitive rehabilitation.

*Image Designed by katemangostar / Freepik*

## Community Neurorehabilitation

- Implement an appropriate program of physical therapy in order to improve function.
- Provide chest care including tracheostomy care in the hyper-acute setting.

## The Hyper-Acute / Acute Neuro-rehabilitation Unit

The unit specializes in providing early specialist rehabilitation care for patients who still require a high level of nursing and medical input, as part of their rehabilitation programme.

## Post-Acute Neuro-rehabilitation Units

The post-acute units deliver specialist assessment and rehabilitation. Whilst patients who access this service will be medically stable, the intensity of rehabilitation needs cannot be met by community services and their safety in the community would be compromised.

## Community Specialist Neuro-rehabilitation Service

These services provide specialist intervention from many disciplines working in partnership with the patient and their family/carers to achieve their maximum potential. Rehab will take place in either the patient's home or their wider community setting.

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## What is goal setting?

Community specialist neurorehabilitation services are not available in every part of Greater Manchester; ask your clinical team for more details. Where possible, we will try to refer patients to their nearest service. This cannot always be achieved and patients may be transferred to a service where there is availability. This is essential to ensure patients receive appropriate, timely rehabilitation and allow us to continue to provide specialist services. Sometimes patients may need rehabilitation that is not provided by the NHS. If this is the case, the clinical team will discuss this with the patient and their family.

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## The Patient

- The most important person in a patient's recovery.
- A patient can aid their recovery by actively engaging in all their rehab programmes.

## Medical Team

- In hospital, this consists of neuro-rehabilitation consultants and other doctors.
- Weekly ward rounds take place where the patient has the opportunity to discuss any medical aspects of their care.
- In the community, the patient will have access to their GP and their consultant may continue to monitor their progress through outpatient clinics.



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