Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Amputation Rehabilitation Following Discharge from Hospital

Version number: **5**
Last modified date: **12th November 2026**

Amputation Rehabilitation Following Discharge from Hospital

Patient Information

Therapy Services

- Author ID: RB
- Leaflet ref: Phy 065
- Version: 5
- Leaflet title: Amputation Rehabilitation Following Discharge from Hospital
- Last review: February 2025
- Expiry date: February 2027

Introduction

The Amputee Rehabilitation Service is based at:

Area 5 - Therapy Department
Leigh Infirmary
The Avenue
Leigh WN7 1HS

This service is provided by a clinical specialist physiotherapist with therapy assistant support and is available three days a week (Tuesday, Wednesday, and Thursday) from 8:00am to 4:30pm.

Aim

Our aim is to provide the necessary rehabilitation to enable you to achieve your maximum level of independence following discharge from hospital after undergoing lower limb amputation surgery.

Eligibility

The service is available to anyone over the age of 18 who resides in the Wigan and Leigh area.

Services Provided at Leigh Infirmary

- Outpatient physiotherapy sessions. (Ambulance transport can be arranged).
- Community home visits when necessary.
- Amputee Rehabilitation alongside the team at the Specialised Ability Centre in Manchester.
- Assessments for and provision of prosthetic limbs at the Specialised Ability Centre in Manchester, involving a multidisciplinary team.

Referral into the Service

During your hospital stay, your ward physiotherapist or occupational therapist will refer you to our service. We will contact you once you have been discharged home to arrange a

suitable appointment.

Attendance for Outpatient Sessions

- Please report to the Area 5 gym at Leigh Infirmary.
- If ambulance transport is required, we will arrange this for you when we contact you to arrange your appointments.
- Please wear loose comfortable clothing suitable for exercising.
- If you are diabetic, please note that exercise can lower your blood sugar levels. It is advisable to bring a suitable snack/drink to raise your sugar levels if required and, if available, your blood sugar testing kit. There is a café on site for refreshments if required.
- Attendance continues until your individual goals have been achieved.

How to Contact Us

The service is provided Tuesday, Wednesday, and Thursday between 8am and 4.30pm.

Telephone Number: 01942 264160 (answer machine only). Please leave a message. Messages are responded to within working hours only. Due to the nature of some of our work (community visits), we may not be able to return your call on the same day.



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