Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Aftercare Advice - Barium Follow Through Examination

Version number: **3**
Last modified date: **12th November 2026**

Aftercare Advice: Barium Follow Through Examination

Patient Information

X-Ray Department

- Author ID: SJO
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- Version: 3
- Leaflet title: Aftercare Advice-Barium Follow Through Examination
- Date Produced: May 2025
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- **Name:** .....
- **Hospital No:** .....
- **Consultant:** .....

Post-Examination Instructions

Your examination is now complete, and you are free to leave the department.

You may resume your usual eating routine. We advise that you drink plenty of fluids (e.g. water, fruit juice, and tea) for the next two days to ensure you do not become constipated from the barium.

You will notice that your bowel movements will be slightly lighter in colour; this is normal and is caused by the white barium that you drank during the procedure.

Please be aware that you may still need to use the toilet after the examination, and it is advisable to remain within reach of the bathroom for the next few hours.

If you have stopped taking your usual medication to undergo this test, you can resume taking it now.

Your results will go back to the consultant or General Practitioner (GP) who referred you for this test. Normally you will receive your results within the next two weeks.

If you have any concerns after your examination, you can contact the X-Ray Department for advice on telephone: **01942 822398** Monday to Friday 09:00 to 17:00.

Kind Regards,
X-Ray Department



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