



**Wrightington, Wigan and
Leigh Teaching Hospitals**
NHS Foundation Trust

Sigmoidoscopy without Sedation-Patient Discharge Information

Version number: **5**

Last modified date: **03rd July 2026**

Sigmoidoscopy Without Sedation

Patient Discharge Information

Endoscopy Department

- Author ID: NP/SP
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- Version: 5
- Leaflet title: Sigmoidoscopy without Sedation-Patient Discharge Information
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Patient discharge information for sigmoidoscopy procedure without sedation

You can usually eat and drink normally after you have been discharged. It is not unusual to pass wind and have mild cramps after the procedure. If you had the oral bowel preparation medication for this test, you may not have a normal bowel movement for a few days.

If you suffer with any of the following, please contact us for advice straight away:

- Severe abdominal pains
- Develop chills or a fever
- Persistent vomiting
- Chest pain or difficulty breathing
- More than a small amount of bleeding from the bottom

Contact Details:

- **Working hours 8am to 5pm:** Endoscopy Unit on 01942 264236
- **Out of working hours 5pm to 8am:** Shevington Ward on 01942 822597
- **In case of difficulty:** Accident and Emergency on 01942 822441

- You have been discharged back to GP care.
- You will be sent an appointment for Mr / Dr in the post.
- You will receive appointments for further investigations.
- You will require another procedure in



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