Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Gastroscopy without Sedation - Patient Discharge Information

Version number: **5**
Last modified date: **12th November 2026**

Gastroscopy without Sedation

Patient Discharge Information

Endoscopy Department

- Author ID: NP/SP
- Leaflet Ref: End 014
- Version: 5
- Leaflet title: Gastroscopy without sedation (Patient Discharge Information)
- Last review: July 2025
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Patient Discharge Information for Gastroscopy Procedure without Sedation

After your gastroscopy procedure without sedation, you can eat and drink normally 1 hour after the throat spray. It is not unusual to experience some wind and mild cramps after the procedure.

If you experience any of the following, please contact us immediately:

- Severe abdominal or chest pains
- Develop chills or a fever
- Persistent vomiting
- Difficulty breathing

Contact Details:

- Working hours (8:00 am to 5:00 pm) – Endoscopy Unit: 01942 264236
- Out of working hours (5:00 pm to 8:00 am) - Shevington Ward: 01942 822597
- In case of difficulty - Accident and Emergency: 01942 822441

Follow-up Care

- ☐You have been discharged back to GP care.
- ☐You will be sent an appointment for Mr / Dr ..... in the post.
- ☐You will receive appointments for further investigations
- ☐You will require another procedure in .....



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