Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Colonoscopy without Sedation - Patient Discharge Information

Version number: **5**
Last modified date: **12th November 2026**

Colonoscopy Without Sedation

Patient Discharge Information

Endoscopy Department

- **Author ID:** NP/SP
- **Leaflet Ref:** End 019
- **Version:** 5
- **Leaflet title:** Colonoscopy without sedation (Patient Discharge Information)
- **Last review:** July 2025
- **Expiry Date:** July 2027

Patient Discharge Information

You can usually eat and drink normally after you have been discharged. It is not unusual to pass wind and have mild cramps after the procedure. You may not have a normal bowel movement for a few days.

If you suffer with any of the following, please contact us for advice straight away:

- Severe abdominal pains
- Develop chills or a fever
- Persistent vomiting
- Chest pain or difficulty breathing
- More than a small amount of bleeding from the bottom

Contact details:

- Working hours 8am to 5pm – Endoscopy Unit on 01942 264236
- Out of working hours 5pm to 8am - Shevington Ward on 01942 822597
- In case of difficulty - Accident and Emergency on 01942 822441

Follow-up Care

- ☐You have been discharged back to GP care.
- ☐You will be sent an appointment with……..... in the post.
- ☐You will receive appointments for further investigations.
- ☐You will require another procedure in .....……..



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