Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Colonic Stent Insertion with Sedation Patient Discharge Information

Version number: **4**
Last modified date: **12th November 2026**

Colonic Stent Insertion with Sedation

Patient Discharge Information

Endoscopy Department

- Author ID: NP/JM
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- Leaflet title: Colonic stent insertion with sedation
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Important Information Post-Procedure

The sedation drugs can remain in your system and have effects up to 24 hours after your procedure. Although you may feel awake, these drugs can impair your judgement, balance, and reaction times. For this reason, we will ensure that you have a responsible adult to take you home after your procedure and look after you for the next 24 hours.

For the next 24 hours you **MUST NOT**:

- Drive your car. Your insurer will not cover you for this period following sedation.
- Operate machinery (including any potentially hazardous kitchen appliances).
- Climb ladders.
- Sign any legally binding documents.
- Drink alcohol. Alcohol will increase the effect of any sedative remaining in your body.

For the next 24 hours you **MUST**:

- Rest for the whole day and avoid strenuous activity.
- Take your medications as normal unless you have been told otherwise.
- Have someone with you in case of any problem arising from the effects of sedation.
- Have someone to help you if you care for children or elderly sick relatives.

Although most patients cannot feel the stent once it is in the correct position, some patients report a degree of abdominal discomfort, particularly in the first two weeks after insertion. If you experience ongoing discomfort, bloating or abdominal spasms, please contact the endoscopy unit for further advice.

Your bowel function will improve over the next few days but it generally helps to eat a low fibre diet. As a general guide, this means eating food that does not need a lot of chewing and avoiding food with skins or peels. A daily dose of softening laxatives may be recommended to keep your motions soft and easy to pass.

If you have any severe pains in your abdomen or bleeding you should:

- Working hours 8am to 5pm – Endoscopy Unit on 01942 264236
- Out of working hours 5pm to 8am - Shevington Ward on 01942 822597
- In case of difficulty - Accident and Emergency on 01942 822441

- ☐You have been discharged back to GP care

Appointment date: ..... **Time:** .....

- ☐You will be sent an appointment for Mr / Dr ..... in the post
- ☐You will receive appointments for further investigations
- ☐You will require another procedure in .....



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