



**Wrightington, Wigan and  
Leigh Teaching Hospitals**  
NHS Foundation Trust

# **Discharge Advice following a Cardiac Angiography (Femoral)**

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## Patient Information

### Cardiac Catheter Laboratory

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## Discharge Advice following Cardiac Angiography

- You should be accompanied home and have a friend/relative to stay with you over night.
- If severe bleeding occurs at the puncture site, lie down, and apply firm pressure. Ask your friend/relative to ring 999 and return immediately to your nearest Accident & Emergency Department.
- If you experience fever, bleeding, persistent tenderness or swelling in the groin, redness and or warm to touch, numbness or pain, discharge, or rash you must go immediately to your nearest A&E department.
- Modify activities for 48 hours– no straining, lifting greater than 5kg.
- If coughing, sneezing, or straining occurs during the first 12 hours, be advised to place your hand firmly over the puncture site to support it.
- It is advisable to drink plenty of fluids, especially water over the next few days; this will assist with flushing the dye out of your body.
- It is advisable to refrain from the consumption of alcohol for 24 hours.
- Do not have a bath or shower until the following day and take extra care when washing and drying the puncture site. A dressing should be left in place for 24 hours.
- Refrain from driving for at least 48 hours following your angiogram and 7 days following an angioplasty.

- Sometimes bruising of the groin, leg or abdomen may occur and a small lump may be present for several weeks. If you feel pain or the lump enlarges, see your GP.
- If you take Metformin **do not** take for 48 hours following your angiogram.
- If you take Warfarin, Apixaban, Dabigatran, Edoxaban or Rivaroxaban you may restart it on the evening following your angiogram unless the Doctor has instructed otherwise.

**Please contact the Cardiac Catheter Lab on 01942 773392 if you have questions.**



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