Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Fibreoptic Endoscopic Evaluation of Swallow (FEES) Clinic - Easy Read

Version number: **1**
Last modified date: **12th November 2026**

Patient Information

Speech & Lauguage Therapy Department

- Author ID: EG
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What is FEES?

A small **camera** is placed inside your **nose**.
This lets the **speech and language therapist** see inside your **throat**.



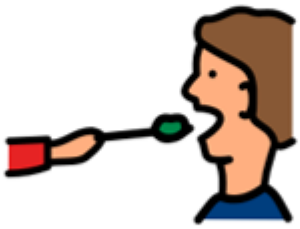
What is FEES?

The **camera** is **connected** to a **screen**.



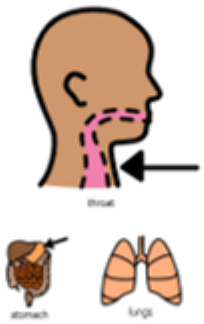
Why do I need a FEES?

Your speech and language therapist wants to know more about your swallowing.



Why do I need a FEES?

Food and drink can go down the **wrong way.**
Food and drink can go into your **lungs**.
This can make you **ill.**



Why do I need a FEES?

The camera will show what you can eat and drink safely.



Where is it?

Your appointment will be at the Thomas Linacre Centre.



Who will be there?

Speech and **Language Therapists** will be there.
Sometimes a **doctor** or **nurse** may be there.



Who will be there?

Students may be there too.



Who will be there?

You can bring someone from your **family** or a **friend**.
A **member of staff** can come with you.



How long will it take?

The appointment will take about **30 minutes**



What should I do before the FEES?

You can **eat** and **drink** or take your **feed** as **recommended**.
You can take your **tablets** as **normal.**





What will happen?

You will **sit down,** and a small **camera** will be placed inside your **nose**.



What will happen?

You may be asked to **say** some **sounds**.
You may be asked to **swallow** your **saliva**.



What will happen?

You will be asked to **eat** and **drink.**
The food and drink might have been **dyed blue** so we can **see** it **better**.



Results

The speech and language therapist will **look** at the **pictures**.
They will tell you what to **eat** and **drink**.
They will send a **report** to your **doctor**.



Risks

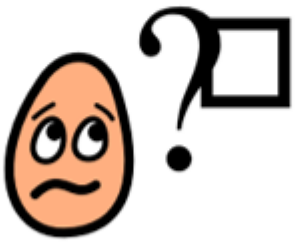
There is a small risk of **nose bleeds**.
There is a small risk of **fainting**.





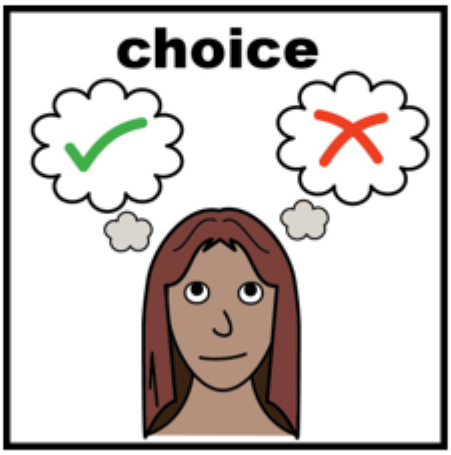
If you don't have a FEES?

The speech and Language Therapist will **not know** how to help you **swallow safely.**



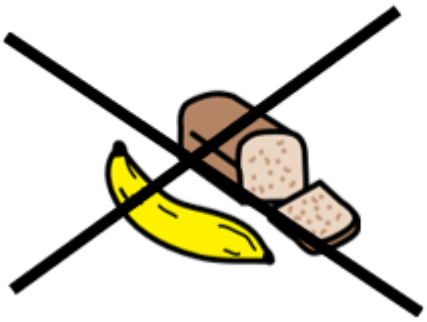
If you don't have a FEES

You can **choose** not to have the FEES.



Other Information?

Tell the speech and language Therapist if you have any **allergies.**



Questions?

You can **ask** your **speech** and **language therapist** if you have any questions.



Contact Speech and Language Therapy Department:

Telephone Number: **03007077700**

Email: wwl-tr.nutritionandspeechtherapy@nhs.net



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