Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Discharge Advice following an Elective Cardioversion

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Discharge Advice following an Elective Cardioversion

Patient Information

Cardiology Department

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Following an Elective Cardioversion, the following advice should be taken:

- You should be accompanied home and have a friend or relative to stay with you overnight
- Do not drink alcohol for 48 hours following the procedure
- It is advisable not to sign any important documents for the next 24 hours
- Refrain from heavy activity or exercise for two to three days
- You must not drive any vehicle/motorcycle for 48 hours
- An out-patients appointment for an ECG (heart trace) will be sent to you in the post
- Any change in medication following your procedure will be discussed with you by your discharging nurse
- If you have any queries about your cardioversion, medication, or symptoms before your next appointment, please contact the Arrhythmia Specialist Nurse secretary on telephone 01942 264905

You will be assessed for burns to your chest wall before you leave the department and advised if any further action is required.



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