Wrightington, Wigan and Leigh Teaching Hospitals
NHS Foundation Trust

Patient discharge procedure with sedation-Cardiac Catheter Lab

Version number: **1**
Last modified date: **12th November 2026**

Patient Discharge Procedure with Sedation: Cardiac Catheter Lab

Patient Information

Cardiac Catheter Lab

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Patient discharge procedure with sedation

The sedation drugs can remain in your system and have effects up to 24 hours after your procedure. Although you may feel awake, these drugs can impair your judgement, balance, and reaction times. For this reason, we will ensure that you have a responsible adult to take you home after your procedure and look after you for the next 24 hours.

For the next 24 hours you MUST NOT:

- Drive your car. Your insurer will not cover you for this period following sedation.
- Operate machinery (including any potentially hazardous kitchen appliances).
- Climb ladders.
- Sign any legally binding documents.
- Drink alcohol. Alcohol will increase the effect of any sedative remaining in your body.

For the next 24 hours you MUST:

- Rest for the whole day and avoid strenuous activity.
- Take your medications as normal unless you have been told otherwise.
- Have someone with you in case of any problem arising from the effects of sedation.
- Have someone to help you if you care for children or elderly sick relatives.

You can usually eat and drink normally after you have been discharged.

Contact details

- Working hours, 8am to 7pm – Cardiac Catheter Lab on: 01942 773392 / 01942 773394
- Out of working hours 7pm to 8am – CCU on 01942 822388
- In case of difficulty - Accident and Emergency on 01942 822441



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